

Want to better manage Parkinson's disease symptom return?

Answer these questions and discuss with your doctor today.
Your doctor might be able to help.

1 Do your Parkinson's symptoms ever return during the day?

- Yes No
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2 Does your symptom return ever surprise you?

- Always Sometimes Never
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3 How does the return of symptoms make you feel? (CHECK ALL THAT APPLY)

- Isolated Frustrated Embarrassed Useless Discouraged Fearful
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4 Do your symptoms return during any of these situations?
(CHECK ALL THAT APPLY)

- While at work
 While spending time with friends or family
 While out in public
 During outdoor activities
 On an important day

5 To what degree do you avoid activities because of concern about symptom return?

- I'm worried I will have to stop some activities someday
 I have stopped doing most activities I enjoy
 I haven't stopped doing anything
 I've stopped doing some things
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6 Are you interested in learning about ways to improve your ability to respond to symptom return?

- Yes No